

Books to Help Kids Cope with Tragedy

- Brisson, Pat. *I Remember Miss Perry*. Illustrated by Stephane Jorisch. Dial, 2006. ISBN 978-0-8037-2981-0. OP. ps.-gr.3
When his teacher, Miss Perry, is killed in a car accident, Stevie and his elementary school classmates take turns sharing memories of her, especially her fondest wish for each day.
- Cohn, Janice. *Why Did It Happen? Helping Children Cope in a Violent World*. illus. by Gail Owens. Morrow, 1994. ISBN 978-0-6881-2312-3. OP. k-gr.3
With the help of his parents and teacher, a young boy deals with his feelings about the robbery of the neighborhood grocery store. Includes a note to parents.
- Gellman, Marc & Thomas Hartman. *Bad Stuff in the News: A Guide to Handling the Headlines*. North-South/SeaStar, 2002. ISBN 978-1-05871-7132-1. OP. Gr. 4 up
Discusses how such problems as terrorism, child abuse, natural disasters, violence in sports, and hate crimes are reported in the media and some things that individuals can do to address these problems.
- Holmes, Margaret M. *A Terrible Thing Happened*. Illustrated by Cary Pillo. Magination Press, 2000. ISBN 978-1-5579-8642-9. OP. ps-gr. 2
After Sherman sees something terrible happen, he becomes anxious and then angry, but when a counselor helps him talk about these emotions he feels better.
- Ness, Patrick. *A Monster Calls*. Illustrated by Jim Kay. Candlewick Press, 2011. ISBN 978-0-7636-5559-4. Gr. 7 up
Thirteen-year-old Conor awakens one night to find a monster outside his bedroom window, but not the one from the recurring nightmare that began when his mother became ill--an ancient, wild creature that wants him to face truth and loss.

For Parents and Teachers:

- Kubler-Ross, Elizabeth. *On Children and Death: How Children and Their Parents Can and Do Cope With Death*. Scribner, 1997. ISBN 978-0-6848-3939-4 (pap.).
- Prager, Judith Simon & Judith Acosta. *Verbal First Aid: Help Your Kids Heal from Fear and Pain and Come Out Strong*. Penguin, 2010. ISBN 9780425234273 (pap.).